

## Getting A Baby Pillow For Your Baby

Baby pillows were basically introduced to avoid the development of distorted head shapes in babies. Sudden infant death syndrome is very common among the babies and according to medical authorities baby pillows reduce the risk of this syndrome. After that declaration, the cases of flattened heads in babies were also increased. Most of the parents are aware of the importance of baby pillows for their babies. Since then these pillows are also used in children hospitals. Therefore, nowadays baby pillows are widely used in hospitals as well as homes.

Although baby pillows can also provide your baby comfort but from medical perspective these pillows are best for preventing flat head syndrome. Flat head syndrome is also known as Plagiocephaly and it is caused because of improper positioning of baby head when it is sleeping. Moreover, ears of babies are also covered in baby pillows which help them in catching ear infections. Foam that is used as fillings of baby pillows give evenly pressure to all points of the head.

Parents usually question that when to start pillows for babies? Basically medical research has proved that infants should not be given pillows because it can be harmful for them. Therefore, pillow for toddler is the right option because child under two year should not use a pillow. When your baby gets above than two years you can select an easy and well-made pillow. You must keep in mind that pillows for toddlers are different from the pillows of mature children.

The selection of an appropriate size and thickness of pillow is very important. You can also find durable baby pillows which are washable but allergy free. It is always better to select a pillow which has tight fitting sheets. It is better to remove extra strings and ribbons from the pillow to increase the safety of your pillow. There are a number of companies which are offering pillows for babies but you should find the perfect one for your baby. A suitable baby pillow is made in consideration to the safety and comfort of the baby.

It is not necessary that you should place your baby at its back with a pillow but you should also lay it on its tummy. Average sized pillows should not be used for babies because they are firmer. It can be difficult for you to explore each shop in the market for the selection of a baby pillow therefore, the best idea is to find a perfect pillow on internet.

This highlights that baby pillows are very beneficial for the safety and comfort of your baby. Hence, a perfect pillow for your baby can keep it safe and you will analyze that your baby will fast asleep on a comfortable pillow.

## About the Author

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